

Walk, bike, skate, scoot, carpool... more!



The City of Culver City's Safe Routes to School Program along with the Culver City Unified School District encourages children and families to walk, bike, skate, scoot and carpool to school more often.

THE BENEFITS OF WALKING & BIKING

- More active, healthier children
- Reduced traffic and pollution around schools
- Developing more community awareness
- Teaching life-long habits in safety and responsibility

SMALL STEPS BIG DIFFERENCE

Walking and biking to school does not necessarily mean door-to-door or even everyday. Consider driving less by parking a few blocks from school and walking the rest. Each block and every day not driven can make a big difference.

> For more information on the Culver City Safe Routes to School Program, please visit

SAFETY TIPS FOR PARENTS AND GUARDIANS

When driving to school, following these guidelines will help keep our school zones safer:

• **RESPECT THE SCHOOL ZONE** Reduce your speed to 25 mph or less and obey all traffic laws.

• SET ASIDE DISTRACTIONS electronic devices, radio, etc.

• PARK IN LEGAL PARKING SPACES, avoid double parking or blocking neighbors' driveways.

• DROP YOUR CHILDREN OFF ONLY AT CURBS.

• WATCH FOR CHILDREN Stop for pedestrians in crosswalks and at intersections and follow your school's drop off and pick up procedures and instructions from crossing guards.

• **CONSIDER CARPOOLING** Creating a carpool with neighbors or classmates helps reduce the number of vehicles coming to and from school each day.

TIPS FOR KIDS: WALKING SAFELY

• **CROSS AT CROSSWALKS AND INTERSECTIONS** Always cross at corners and marked crosswalks. Follow the directions of the crossing guards.

• LOOK BEFORE YOU CROSS Always look left, right and left again before stepping off a curb. Be sure to make eye contact with drivers before crossing.

• **BE VISIBLE** Wear bright or reflective clothing and walk with buddies when possible.

• WALK SAFELY Walk on sidewalks and use caution at driveways and alleyways. If there is no sidewalk, walk facing traffic as far to the side of the road as possible.

TIPS FOR KIDS: BIKING SAFELY

• ALWAYS WEAR A HELMET Helmets will not only help protect you from serious injury, but in California it's the law. If you are under 18, you must wear a helmet while riding a bicycle. Be sure your helmet fits properly and straps are fastened.

• **BIKE SAFE, BIKE SMART** Ride on the right, with traffic (children under the age of 12 should ride on the sidewalk). Signal your intentions to other drivers and don't weave in and out of parked cars.

• LOCK YOUR BIKE Choose a sturdy lock (preferably a u-lock) and be sure to lock your bike to an established bike rack. Lock your frame and a wheel (at least) to the rack.



www.ccWalkAndRoll.com